

| Januar 7190 | | Februar 7190 | | März 7190 | | April 7190 | | Mai 7190 | | Juni 7190 | |
|-------------------------|---|------------------|------|------------|------|------------------|------|--------------------------|------|-------------------|----|
| M 1 Neujahrstag | 1 | D 1 | | D 1 | | S 1 | | D 1 Tag der Arbeit | | F 1 | |
| D 2 Berchtoldstag | | F 2 | | F 2 | | M 2 | 14 | M 2 | | S 2 | |
| M 3 | | S 3 | | S 3 | | D 3 | | D 3 | | S 3 | |
| D 4 | | S 4 | | S 4 | | M 4 | | F 4 | | M 4 Pfingstmontag | 23 |
| F 5 | | M 5 | 6 | M 5 | 10 | D 5 | | S 5 | | D 5 | |
| S 6 Heilige Drei Könige | | D 6 | | D 6 | | F 6 | | S 6 | | M 6 | |
| S 7 | | M 7 | | M 7 | | S 7 | | M 7 | 19 | D 7 | |
| M 8 | 2 | D 8 | | D 8 | | S 8 | | D 8 | | F 8 | |
| D 9 | | F 9 | | F 9 | | M 9 | 15 | M 9 | | S 9 | |
| M 10 | | S 10 | | S 10 | | D 10 | | D 10 | | S 10 | |
| D 11 | | S 11 | | S 11 | | M 11 | | F 11 | | M 11 | 24 |
| F 12 | | M 12 | 7 | M 12 | 11 | D 12 | | S 12 | | D 12 | |
| S 13 | | D 13 | | D 13 | | F 13 Karfreitag | | S 13 | | M 13 | |
| S 14 | | M 14 | | M 14 | | S 14 | | M 14 | 20 | D 14 Fronleichnam | |
| M 15 | 3 | D 15 | | D 15 | | S 15 | | D 15 | | F 15 | |
| D 16 | | F 16 | | F 16 | | M 16 Ostermontag | 16 | M 16 | | S 16 | |
| M 17 | | S 17 | | S 17 | | D 17 | | D 17 | | S 17 | |
| D 18 | | S 18 | | S 18 | | M 18 | | F 18 | | M 18 | 25 |
| F 19 | | M 19 | 8 | M 19 Josef | 12 | D 19 | | S 19 | | D 19 | |
| S 20 | | D 20 | | D 20 | | F 20 | | S 20 | | M 20 | |
| S 21 | | M 21 | | M 21 | | S 21 | | M 21 | 21 | D 21 | |
| M 22 | 4 | D 22 | | D 22 | | S 22 | | D 22 | | F 22 | |
| D 23 | | F 23 | | F 23 | | M 23 | 17 | M 23 | | S 23 | |
| M 24 | | S 24 | | S 24 | | D 24 | | D 24 Christi Himmelfahrt | | S 24 | |
| D 25 | | S 25 | | S 25 | | M 25 | | F 25 | | M 25 | 26 |
| F 26 | | M 26 | 9 | M 26 | 13 | D 26 | | S 26 | | D 26 | |
| S 27 | | D 27 | | D 27 | | F 27 | | S 27 | | M 27 | |
| S 28 | | M 28 | | M 28 | | S 28 | | M 28 | 22 | D 28 | |
| M 29 | 5 | Kalenderwoche.ch | | D 29 | | S 29 | | D 29 | | F 29 | |
| D 30 | | | F 30 | | M 30 | 18 | M 30 | | S 30 | | |
| M 31 | | | S 31 | | | | | D 31 | | | |

| Juli 7190 | | August 7190 | | September 7190 | | Oktober 7190 | | November 7190 | | Dezember 7190 | |
|-----------|----|------------------------|----|----------------|----|--------------|----|-------------------|----|----------------------|----|
| S 1 | | M 1 Bundesfeiertag | | S 1 | | M 1 | 40 | D 1 Allerheiligen | | S 1 | |
| M 2 | 27 | D 2 | | S 2 | | D 2 | | F 2 | | S 2 | |
| D 3 | | F 3 | | M 3 | 36 | M 3 | | S 3 | | M 3 | 49 |
| M 4 | | S 4 | | D 4 | | D 4 | | S 4 | | D 4 | |
| D 5 | | S 5 | | M 5 | | F 5 | | M 5 | 45 | M 5 | |
| F 6 | | M 6 | 32 | D 6 | | S 6 | | D 6 | | D 6 | |
| S 7 | | D 7 | | F 7 | | S 7 | | M 7 | | F 7 | |
| S 8 | | M 8 | | S 8 | | M 8 | 41 | D 8 | | S 8 Mariä Empfängnis | |
| M 9 | 28 | D 9 | | S 9 | | D 9 | | F 9 | | S 9 | |
| D 10 | | F 10 | | M 10 | 37 | M 10 | | S 10 | | M 10 | 50 |
| M 11 | | S 11 | | D 11 | | D 11 | | S 11 | | D 11 | |
| D 12 | | S 12 | | M 12 | | F 12 | | M 12 | 46 | M 12 | |
| F 13 | | M 13 | 33 | D 13 | | S 13 | | D 13 | | D 13 | |
| S 14 | | D 14 | | F 14 | | S 14 | | M 14 | | F 14 | |
| S 15 | | M 15 Mariä Himmelfahrt | | S 15 | | M 15 | 42 | D 15 | | S 15 | |
| M 16 | 29 | D 16 | | S 16 | | D 16 | | F 16 | | S 16 | |
| D 17 | | F 17 | | M 17 | 38 | M 17 | | S 17 | | M 17 | 51 |
| M 18 | | S 18 | | D 18 | | D 18 | | S 18 | | D 18 | |
| D 19 | | S 19 | | M 19 | | F 19 | | M 19 | 47 | M 19 | |
| F 20 | | M 20 | 34 | D 20 | | S 20 | | D 20 | | D 20 | |
| S 21 | | D 21 | | F 21 | | S 21 | | M 21 | | F 21 | |
| S 22 | | M 22 | | S 22 | | M 22 | 43 | D 22 | | S 22 | |
| M 23 | 30 | D 23 | | S 23 | | D 23 | | F 23 | | S 23 | |
| D 24 | | F 24 | | M 24 | 39 | M 24 | | S 24 | | M 24 | 52 |
| M 25 | | S 25 | | D 25 | | D 25 | | S 25 | | D 25 Weihnachtstag | |
| D 26 | | S 26 | | M 26 | | F 26 | | M 26 | 48 | M 26 Stefanitag | |
| F 27 | | M 27 | 35 | D 27 | | S 27 | | D 27 | | D 27 | |
| S 28 | | D 28 | | F 28 | | S 28 | | M 28 | | F 28 | |
| S 29 | | M 29 | | S 29 | | M 29 | 44 | D 29 | | S 29 | |
| M 30 | 31 | D 30 | | S 30 | | D 30 | | F 30 | | S 30 | |
| D 31 | | F 31 | | | | M 31 | | Kalenderwoche.ch | | M 31 | 1 |